



GOD'S CALL

*"Now, says the LORD,
who created you, and formed you:
'Do not be afraid,
for I have saved you;
I have called you by name: you are mine.*

*I will be with you;
For I, the LORD, am your God,
the Holy One, your savior.
You are precious in my eyes
and honored, and I love you,*

*My sons and daughters-
All who are called by my name-
I created you for my glory.
I formed you, and made you."
- ISAIAH 43:1-7*

TEACH - Who is speaking?



*God's voice gives you
courage and willingness
to do what is good. God
speaks through peace, joy,
and courage.*

*Thoughts that are
discouraging and lead
to depression, anxiety,
and fear are not from
God. Neither do thoughts
of selfishness and quick
pleasure come from God.*



*The devil tempts us
with bad thoughts
about ourselves.*



ACTIVITY

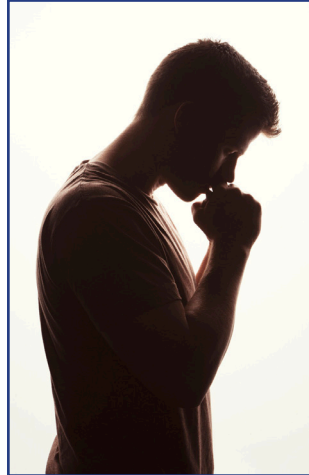
ROLE-PLAYING: WHO IS SPEAKING?

Your teacher will pick a few students to play three roles:

1. A student praying
2. God speaking
3. The Enemy speaking

The students will role-play

a scene, with God and the Enemy offering advice to the student. Based on what they say, guess who is God, and who is the Enemy.



READING

QUOTES ABOUT PRAYER

“Prayer is the place of refuge for every worry, a foundation for cheerfulness, a source of constant happiness, a protection against sadness.”

- St. John Chrysostom

“My little children, your hearts are small, but prayer stretches them and makes them capable of loving God. Through prayer we receive a foretaste of heaven and something of paradise comes down upon us. Prayer never leaves us without sweetness. It is honey that flows into the souls and makes all things sweet. When we pray properly, sorrows disappear like snow before the sun.”

- Saint John Vianney

“How often I failed in my duty to God because I was not leaning on the strong pillar of prayer.” - St. Teresa of Avila

“My daughter...why do you not tell me about everything that concerns you, even the smallest details? Tell Me about everything, and know that this will give Me great joy.” I answered, “But You know about everything, Lord.” And Jesus replied to me, “Yes I do know; but you should not excuse yourself with the fact that I know, but with childlike simplicity talk to Me about everything, for my ears and heart are inclined towards you, and your words are dear to Me.” -St. Faustina, *Divine Mercy in My Soul*

“Read some chapter of a devout book....It is very easy and most necessary, for just as you speak to God when at prayer, God speaks to you when you read.”

- St. Vincent de Paul

“In order to succeed in it (prayer), it should be done when we first awaken, when our whole being is calm and recollected. We need to make our meditation before anything else.”

- Saint Peter Julian Eymard

“Watch and pray so that you will not fall into temptation.”

- Mark 14:38

“Be anxious for nothing, but in everything by prayer and supplication with thanksgiving let your requests be made known to God. And the peace of God, which surpasses all comprehension, shall guard your hearts and your minds in Christ Jesus.”

- Philippians 4:6-7

“Rejoice always; pray without ceasing. In everything give thanks; for this is God’s will for you in Christ Jesus.”

- 1 Thessalonians 5:16-18

“And it was at this time that He went off to the mountain to pray, and He spent the whole night in prayer to God.”

- Luke 6:12



A high school student prays in his school chapel

EXPLORATION

PRAYER PLACARDS

1. Choose one of the quotes about prayer that stands out to you.
2. Write it neatly on paper.
3. Decorate the quote.





VISUAL ART

Study this image in light of today's theme of prayer.



"Prayer at Sainte Anne d'Auray"

by William-Adolphe Bouguereau

1. What is the difference in personality between these two girls?
2. What clues in the painting tell you this?
3. Light shining on a person is often a symbol of goodness and holiness. Notice how the light shines on both girls. What does the artist think about the goodness of these two girls?
4. Notice that there are not on any kneelers. How does it feel to kneel on a stone floor for 15 minutes (about how long it takes to pray a rosary)?
5. Where are the girls praying?
6. Where do you like to pray?
7. What do you pray for?

PRAY TOGETHER

Actiones Nostra

Father, may everything we do

begin with your inspiration

and continue
with your saving help.

Let our work always find
its origin in you

and through you reach
completion.

We ask this
through Christ our Lord.

AMEN