

First Penance/Reconciliation

We meet Jesus in the sacraments of Penance. Reconciliation is a celebration of God's love and forgiveness. In the Sacrament of Penance, through the priest, God forgives our sins, gives us His grace and helps us to become more like Jesus.

<u>Six tasks of Catechesis</u>	<u>Overview of Grade Level from Curriculum Guide</u>	<u>Reference</u>
1) Knowledge of Faith	Reconciliation: Ten Commandments are good guides for an examination of conscience. Jesus gave the priest authority to forgive sins in the Sacrament of Penance. Reconciliation frees us from sin and gives us grace, God's own life.	_____ _____ _____
2) Liturgy and Sacraments	Penance is a sacrament of healing and a sign of God's mercy and love. Penance welcomes us back to close relationship with God and the community. The steps in the Rite of Reconciliation are: Examination of Conscience, Confessing our sins, Accepting a penance, praying an Act of Contrition, Receiving absolution, Practice of penance;	_____ _____ _____
3) Moral Formation	Regular confession is a way to grown in faith. Reconciliation is necessary for the forgiveness of mortal sin and helpful for the forgiveness of venial sin and the strengthening of virtue. The Holy Spirit helps us to make right choices. Sin is a break in our relationship with God. God will always forgive us when we make wrong choices if we are sorry.	_____ _____ _____ _____
4) Worship and Prayer	Participate in the Sacrament of Penance/Reconciliation regularly. Memorize the prayers, especially the Act of Contrition.	_____ _____
5) Community	God wants us to forgive others. Realize that we can be selfish and how that selfishness affects other people.	_____ _____
6) Missionary Spirit	Participate in activities to serve others as a way to show love for God.	_____