Parish Planning Guide:

Extraordinary Jubilee
Holy Year Of Mercy

‘Dear brothers and sisters, I have often thought of how the Church may render more clear her mission to be a witness to mercy; and we have to make this journey. It is a journey which begins with spiritual conversion. Therefore, I have decided to announce an Extraordinary Jubilee, which has at its center the mercy of God. It will be a Holy Year of Mercy. We want to live in the light of the word of the Lord: “Be merciful, even as your Father is merciful” (cf. Lk 6:36).’

‘This Holy Year will commence on the Solemnity of the Immaculate Conception and will conclude on Sunday, 20 November 2016, the Solemnity of Our Lord Jesus Christ, King of the Universe and living face of the Father’s Mercy’

‘I am confident that the whole Church, which is in such need of mercy for we are sinners, will be able to find in this Jubilee the joy of rediscovering and rendering fruitful God’s mercy, with which we are all called to give comfort to every man and every woman of our time…Let us henceforth entrust this Year to the Mother of Mercy, that she turn her gaze upon us and watch over our journey: our penitential journey, our year-long journey with an open heart, to receive the indulgence of God, to receive the mercy of God.

--Pope Francis, March 13, 2015 – St. Peter Basilica
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GOALS

The overarching goals during the Jubilee Year of Mercy are that:

1.) Parishioners understand and receive all the graces* available on Divine Mercy Sunday -and-  
2.) Parishioners live the mercy message during the Jubilee in their daily lives.

The path to a deeper union with Christ’s mercy is through the Immaculate Heart of Mary who brings us to the pierced side of Jesus, who is the Fountain of Mercy.

Pope Francis has “entrusted this Year to the Mother of Mercy, that she turn her gaze upon us and watch over our journey.” Thus, Marian Consecration within the parish is a fitting preparation for this Extraordinary Jubilee Year of Mercy.

The Jubilee Year of Mercy commences with the opening of the Holy Door on December 8, 2015, the Solemnity of the Immaculate Conception, in which Mary, conceived without sin, is the beginning of the outpouring of God’s mercy to all!

Leading parishioners to experience the Mercy of God during this Holy Jubilee is accomplished in straightforward steps, detailed in this Parish Planning Guide:

1. Understanding the Mercy message and the reason for Total Consecration is achieved via the highly readable book, “The Second Greatest Story Ever Told”, by Father Michael Gaitley, MIC
2. Consecrating the parish to Jesus through Mary is supported by the low-cost, turnkey program, “33 Days to Morning Glory”.
3. Communicating the message of God’s Mercy and assisting parishioners in both receiving and practicing mercy are supported by the resources in this Guide.
4. Preparations for Divine Mercy Sunday and available resources are included in this Guide.

All referenced resources are either included or hyper-linked in this guide. All bulletin announcements, pulpit announcements and reproducible materials are included.

*APPENDIX C explains the special graces and additional plenary indulgence attached to Divine Mercy Sunday.
Part I - Participating As a Parish

1. Help Parishioners Learn About the Divine Mercy message and Our Blessed Mother’s important role in Jesus’ message of Mercy (and the significance of Consecration to Jesus through Mary) by providing the book, *The Second Greatest Story Ever Told* by Fr. Michael Gaitley, MIC, available through Lighthouse Catholic Media (*parish pricing for as little as $2.15 per book.*)
   i. Place book order for “*The 2nd Greatest Story Ever Told*”. Suggested order: 1 (one) book per family.
      - Lighthouse Catholic Media, phone (866)-767-3155
      - Parish Pricing: Quantities of 100-249 $2.90 each; 250-499 $2.65 ea.; 500+ $2.15ea.
      - [www.lighthousecatholicmedia.org](http://www.lighthousecatholicmedia.org)
   ii. Distribute books and encourage parishioners to read (it is a very engaging book and a quick read!)

2. Invite the parish to participate in Total Consecration to Jesus through Mary through a “33 Days” Retreat.
   - Parishioners are prepared for Consecration using the turnkey *“33 Days to Morning Glory: A Do-it-Yourself Retreat in Preparation for Marian Consecration”* 6-week Parish Program* (see CHECKLIST, BULLETIN ANNOUNCEMENTS, next pages).
   - Cost to the parish is minimal (about $50); participants purchase their materials. (Visit [www.allheartsafire.org](http://www.allheartsafire.org) and click on “The Program” tab to learn more).
   - It is suggested that you can do this at any time during the Year of Mercy. See appendix for a table with dates to begin your parish consecration.
   - All resources available through Lighthouse Catholic Media.
      - Phone (866)-767-3155. [www.LighthouseCatholicMedia.org/HAPP](http://www.LighthouseCatholicMedia.org/HAPP) OR with a subscription to [www.formed.org](http://www.formed.org)

*About the Parish Program: “We begin with the Immaculate Heart, because Mary leads us to the Sacred Heart of Jesus. Starting with the book, “33 Days to Morning Glory: A Do-It-Yourself Retreat in Preparation for Marian Consecration” and its accompanying group-retreat materials, which consist of 6 DVD lessons that are 30 minutes in length, and a Retreat Companion for each participant, the goal of this program is to lead us to formally entrust ourselves to Mary, as Christ did at the Annunciation and as He willed for His disciples to do at the foot of the cross.” The checklist, below, makes the planning, organization, and implementation of “33 Days” simple, and your consecration day a beautiful and memorable day.” THE BOOK IS ALSO AVAILABLE IN SPANISH, with bulk pricing available for parishes.
(PART I – PARTICIPATING AS A PARISH)

CHECKLIST & TIMELINE
For “33 Days to Morning Glory” and Consecration

• **Choose Start and End dates** for your Parish Retreat (six, 90-minute meetings).
• **Choose a Coordinator** who will organize and run the retreat in your parish. A convenient Meeting checklist is found here: [http://allheartsafire.org/program/introduce.php](http://allheartsafire.org/program/introduce.php)
  o Coordinator step-by-step guidance is found here: [http://allheartsafire.org/program/coordinator.php](http://allheartsafire.org/program/coordinator.php)
• **Promote Your Retreat at Mass, in the Bulletin, by Word of Mouth, and on Your Parish Website.** See next page for pulpit and bulletin announcements.
  o A promotion example: one parish held three weekends in which the pastor promoted “33 Days to Morning Glory” and books and materials were available for sale after all Masses. They invited leaders of already formed small faith groups to run 33 Days in their circles, including their Youth Group, which had over 40 kids going through “33 Days”. They invited people to prayerfully consider leading a group for those who were not already in a faith-sharing group.
  o Bulletin and Pulpit Announcements (see next page or Appendix B)
• **Pray... Pray... Pray...** invite people to pray for all those going through the preparation for consecration to Jesus through Mary with “33 Days” and for the success of parish retreat. Place it in your book of intentions, ask it be prayed for at Adoration, and add it to the Prayers of the Faithful.
• **Conclude Sign-ups in your Parish** and order retreat materials.
  o Lighthouse Catholic Media.
  o Phone (866)-767-3155. [www.LighthouseCatholicMedia.org/HAPP](http://www.LighthouseCatholicMedia.org/HAPP)
• **Begin** your 33 Days to Morning Glory parish retreat on your selected date.
• **On your Marian Consecration Day,** after mass, have a group consecration ceremony. Anyone who has made the Total Consecration in the past is invited to renew his or her consecration at this time.
(PART I – PARTICIPATING AS A PARISH)

ADDITIONAL INFORMATION & BULLETIN ANNOUNCEMENTS
For “33 Days to Morning Glory” Retreat

33 Days to Morning Glory is an extraordinary 33-day journey to Marian consecration with four giants of Marian spirituality: St. Louis de Montfort, St. Maximilian Kolbe, Blessed Mother Teresa of Calcutta, and Blessed Pope John Paul II.

- **Simple Implementation:** Participants begin each week by reading a specific section from the retreat book, are guided through reflective questions in a workbook, gather weekly, meet in small groups for 30 minutes of discussion time, then reconvene in a large group for 30 minute lessons on DVD, and conclude with prayer.
- **Designed for the Average Catholic:** From the retreat books written by Fr. Michael Gaitley, MIC, to the workbooks and talks on DVD, all materials are easy to understand and aimed directly at the faithful in the pew.
- **Short in Length:** Six-week retreat program requires approximately 90 minutes meeting time.
- **Supportive Staff:** One-on-one assistance is available at Hearts Afire to assist you.
- **Cost:** Cost to the participant is minimal and cost to parish is less than $50.
- **Solidly Catholic:** Follows Sacred Scripture, Sacred Tradition, and the Magisterium; frequently cites the *Catechism of the Catholic Church* and writings of doctors of the Church and saints; approved by the Church as being free from error in faith and morals

**SAMPLE BULLETIN ANNOUNCEMENT**
(Insert 1-2 weeks before your registration dates)

**33 Days to Morning Glory: Preparation for Marian Consecration Parish Retreat**

**WHEN:** Wednesdays, October 14 – November 25, 7-8:30 p.m., Parish Hall

**HOW:** Register after all masses Sept. 13 & 20

**COST:** ($25) includes Book, Retreat Workbook and materials.

**CONSECRATION CEREMONY** will take place at the conclusion on (insert date)

*If you are unable to join us, you can prepare at home by purchasing the book (only) for ($10) and start your at-home preparation.

**PULPIT ANNOUNCEMENT** – The entire parish is invited to participate in the Jubilee Year of Mercy, by consecrating ourselves to Jesus through Mary. We will do this through a six-week program called “33 Days to Morning Glory”. The goal of this program is to lead us to formally entrust ourselves to Mary, as Christ did at the Annunciation, and as He willed for His disciples to do at the foot of the cross. The culmination of our 6-week program will take place on {insert consecration day}, where we will consecrate ourselves as a group. This act of Total Consecration allows us to more fully receive the graces of the Extraordinary Jubilee Year of Mercy, which begins December 8, 2015-November 20, 2016. Our “33 Days to Morning Glory parish-retreat will meet on {insert day and time}, beginning {insert date}. Registration is after all masses (this weekend and next weekend). We also have individual preparation books for sale, for those who cannot participate in the weekly retreat meeting, but who still want to make or renew their consecration. If you have previously made a Total Consecration, we invite you to renew it with the rest of the parish.
DURING the Year of Mercy: PARISH ACTIVITIES

1. Divine Mercy Pilgrimage (in-home)
2. Display the Image of Divine Mercy (See below for resources)
3. Increase opportunities for the Sacrament of Reconciliation (During Lent participate in the “Light of Mercy” Campaign)
4. Assist the Individual in participating in the Year of Mercy (See Part II)
5. Celebrate Divine Mercy Sunday (See Part III)

1. Divine Mercy Family Pilgrimage
   (“Family Pilgrimage Instruction Sheet’ & “Sign-up Sheet” in APPENDIX A.)

Families sign up to “host” the Image of Divine Mercy in their home for a week during which time they pray the Divine Mercy Chaplet daily as a family and practice works of mercy.

Pulpit Announcement: (please allow a few minutes for the presiding priest or lector to make this invitation).

Families are invited to participate in the Jubilee Year of Mercy, which commences on December 8, by joining our parish’s “Divine Mercy Pilgrimage”. Unlike a traditional pilgrimage, however, no travel will be required on your part—Jesus will do all the journeying on this mission of mercy! Each home will sign up to cover one week during the Year of Mercy, which ends on November 20, 2016. During your family’s “pilgrimage week”, you will host this Image of Divine Mercy (hold it up for all to see), taking it home after Sunday mass and then returning it the following week. You will display the image in your home, pray together the Chaplet of the Divine Mercy, and also seek to practice works of mercy. Imagine with me, if you will, what this pilgrimage is going to look like: Jesus on his journey, slowly making his way throughout our parish, manifesting his mercy in each home, a week at a time, for the entire Jubilee Year! Listen to what Pope Francis has said about this special Holy year: (quote) “The practice of pilgrimage has a special place in the Holy Year (of Mercy), because it represents the journey each of us makes in this life”. “We are each “a pilgrim, travelling along the road, making his way to the desired destination...” The journey is “a sign, that mercy is a goal to reach, and requires dedication and sacrifice.” (end quote)* The small sacrifice Pope Francis is inviting us to make is to take a few minutes out of each day to pray together for God’s mercy and to become vessels of mercy to others. If you’ve never prayed the Divine Mercy Chaplet before, that’s okay: instructions accompany the image; it will only take you about 10 minutes each day; and the Chaplet prayers are simple enough for young children to join in. It’s a great way to participate as a family in this Jubilee Year of Mercy, and a beautiful way to live the message of mercy with your children! To reserve your pilgrimage week, we have a sign-up sheet in the back of the church. The sign-up sheet will remain in place during the entire year.
(PART I – PARTICIPATING AS A PARISH)

**Pulpit Announcement (For Pilgrim Image of Mercy):** The Jubilee Year of Mercy commences on Tuesday, which is the Feast of the Immaculate Conception. Our Pilgrimage of Divine Mercy begins next weekend. If you haven't yet reserved your week to host the Divine Mercy Image during the Jubilee Year of Mercy, please do so after mass at the back of the church. We will have the sign-up available throughout the year.

**Bulletin Announcement (For Pilgrim Image of Divine Mercy):** Families are invited to participate in our parish’s yearlong Pilgrimage of Divine Mercy, in celebration of the Church’s Jubilee Year of Mercy. Each pilgrim family hosts the Image of Divine Mercy in their home for 1 week, prays the Chaplet of the Divine Mercy daily and practices acts of mercy. It’s a great way to participate as a family and a beautiful way to live the message of mercy with your children! Praying the chaplet takes only about 10 minutes and is simple enough for a child to participate. Sign-up to reserve your week (at the back of the church)!

2. **Display the Image of Divine Mercy in the Church.** Reserve a special place below the altar to venerate the Divine Mercy Image throughout the entire Jubilee Year of Mercy.

3. **Reconciliation** – as this sacrament is the church’s primary means for experiencing God’s mercy, offer increased opportunities for confessions throughout the year. Some parishes add reconciliation before/after Sunday Mass(es), or before/after (a) Daily Mass. Suggested reading: thoughtful study of paragraphs 1420 to 1470 in the *Catechism of the Catholic Church*. Participate in the “Light of Mercy” during Lent.

4. **Assist the Individual in participating in the Year of Mercy** (see Part II).

5. **Celebrate Divine Mercy Sunday in your Parish** (see Part III).
Part II - Promoting Individual Participation In The Year

1. **Copy and distribute the included handouts (Appendix B):**
   “TWELVE Things YOU Can Do During the YEAR of MERCY” and “What is Divine Mercy?”

2. **Order “Deeds of Mercy” pamphlets (include one with the Divine Mercy Pilgrimage Image):**
   The full-color 8-panel pamphlet demonstrates how we can incorporate the Spiritual and Corporal Works of Mercy into our everyday lives. From the Marian Fathers of the Immaculate Conception.
   Bulk pricing available (qty. 100 at $0.14 ea.)
   www.shopmercy.org.
   Product Code: DOM.

3. **Order Divine Mercy prayer cards** (Image on front, and how-to-pray the Chaplet of Divine Mercy on reverse):
   Available at super-special pricing:
   1000 prayer cards for $14.95 with FREE Shipping.
   Visit the Marian Fathers Divine Mercy Art website (www.divineercyart.org)

4. **Include a “Mercy Corner” each week in your parish Bulletin:**
   Select from over 100 rich mercy quotes excerpted from scripture and the Diary of St. Faustina, arranged by key themes of mercy, and ready for insertion in your bulletin!
   ORDER: “Mercy’s Gaze”, by Vinny Flynn, $14.95
   Product Code: GAZE
Part III - Divine Mercy Sunday
A. PREPARING

   PRODUCT CODE: LFMCN
   Bulk pricing available (qty. 100 @ $0.14 ea.).
   *This popular 10-panel pamphlet includes the Prayer of The Divine Mercy, fully complimenting The Divine Mercy Novena given to Saint Faustina by Jesus, as well as illustrated instructions on how to recite the Chaplet of Divine Mercy.*

2. **Bulletin Announcements:** (4th and 5th Sundays of Lent):
   - **Divine Mercy Novena in Preparation for Divine Mercy Sunday:**
     Pamphlets are available in the back of the church with the Divine Mercy Novena, which begins on Good Friday (March 25).
   - **To Receive the Plenary Indulgence on Divine Mercy Sunday:** A plenary indulgence (total remission for the temporal punishment due to all sins that have already been forgiven), granted under the usual conditions (sacramental confession within about 20 days, Eucharistic communion, and prayer for the intentions of the Pope), to the faithful who, on the Second Sunday of Easter (Divine Mercy Sunday), in any church or chapel, in a spirit that is completely detached from the affection for sin, even venial sin, take part in prayers and devotions held in honor of Divine Mercy, or who, in the presence of the Blessed Sacrament exposed or reserved in the tabernacle, recite the Our Father and Creed, adding a devout prayer to the merciful Lord Jesus (e.g., “Merciful Jesus, I trust in You!); a partial indulgence, granted to the faithful who, at least with a contrite heart, pray to the merciful Lord Jesus a legitimately approved invocation. (And for those who cannot go to church or the seriously ill: they may obtain the plenary indulgence, if totally detesting any sin, and with the intention of fulfilling a soon as possible the three usual conditions (confession, communion and prayer for the intentions of the Pope), will recite the Our Father and the Creed before a devout image of Our Merciful Lord Jesus and, in addition pray a devout invocation to the Merciful Lord Jesus (e.g., Merciful Jesus, I trust in You!).)
   *The faithful can gain indulgences for themselves, or offer them for someone deceased.*

3. **Make Copies available of handouts from Appendix B:** “How Do I Prepare for Divine Mercy Sunday?” and “Questions and Answers Regarding Divine Mercy Sunday”.

4. **Begin the Divine Mercy Novena in your parish on Good Friday.**
5. **Bulletin Insert (for Palm Sunday and/or Easter Sunday):** download here: [www.mercysunday.com/bulletin-insert.htm](http://www.mercysunday.com/bulletin-insert.htm)
Part III - Divine Mercy Sunday

B. CELEBRATING

(Note: IF YOU DO NOT OFFER A PRAYER SERVICE, then after ALL MASSES, LEAD the RECITATION OF Prayers for the Indulgence: the Our Father & The Creed, for the intentions of the Pope, and a devout prayer to the merciful Lord Jesus, such as, “Jesus, I trust in You!” Explain to the faithful they should go to confession within 20 days of the feast to complete the conditions to receive the plenary indulgence!)

Sample Celebration of the Feast of Divine Mercy**

Entrance Hymn
“Love Divine, All Loves Excelling”

1. Greeting
2. Penitential rite
3. Opening Prayer
4. Liturgy of the Word:
   Responsorial Psalm: “Give thanks to the Lord for he is good, His love is everlasting.”
5. Homily
6. Blessing of the Divine Mercy image with veneration of image (just like veneration of cross)
7. Chaplet of Divine Mercy
8. Praises of the Divine Mercy
   Response: “I trust in You”.
9. Closing Prayer
10. Final Blessing

Recessional Hymn “Praise, My Soul, the King of Heaven.”
Confessions follow Divine Mercy Celebration

An act of mercy should take place in our lives in honor of the Feast of Divine Mercy; that is by being merciful to others in our words, deeds and prayer.

**Knights of Columbus FREE booklet, “Divine Mercy Hour of Prayer” includes the hymns, readings, prayers, introductory & concluding rites for the above Celebration available as PDF here:
**APPENDIX A**

**DIVINE MERCY FAMILY PILGRIMAGE**

(Not to families: Please keep these instructions with the image and return them both to the church prior to the Saturday evening Vigil Mass. Thank-you!) Jesus thanks you and your family for participating in his work of mercy by journeying with Him on this pilgrimage of mercy during the Extraordinary Jubilee Year of Mercy!

Instructions for the Family During your Pilgrimage Week:

1. *Daily:* pray the Chaplet of the Divine Mercy, before the Image (see below).
2. Consider going as a family to the Sacrament of Reconciliation during (or before or after) your pilgrimage week.
3. Encourage family members to *EACH DAY* strive to perform an act of mercy. When you see your child acting merciful, affirm this act. Share at the dinner table, or after you pray the Chaplet, what each has done to be merciful. *The Corporal Works of Mercy* are: feeding the hungry, clothing the naked, sheltering travelers, comforting prisoners, visiting the sick, and burying the dead. *The Spiritual Works of Mercy* include teaching the ignorant, praying for the living and dead, correct the sinner, counseling those in doubt, consoling the sorrowful, bearing wrongs patiently, and forgiving wrongs willingly.

**THE MESSAGE** -- The *Message* of Divine Mercy is that God is merciful. He is love itself poured out for us, and He wants no one to escape that merciful love.

The message is that God wants us to turn to Him with trust and repentance while it is still a time of mercy, before He comes as the just Judge. This turning with trust to Him who is Mercy itself is the only source of peace for mankind. Turning to and imploring God’s mercy is the answer to the troubled world. There is no escaping that answer.

**THE IMAGE OF THE DIVINE MERCY** – Jesus appeared to St. Faustina with rays of red and pale light streaming from the area around His heart. His hand was raised in blessing, recalling the scene of Easter Sunday night (see John 20:19-23).

He asked St. Faustina to have this vision painted along with the words, “Jesus, I Trust in You!” He told Faustina, “I am offering people a vessel with which they are to keep coming for graces to the fountain of mercy. That vessel is this image with the signature: *Jesus, I trust in you*” (Diary of St. Faustina, paragraph 327).

Jesus explained that the rays represented the blood and water which flowed from His pierced side, and taught St. Faustina the prayer, “O blood and water, which gushed forth from the Heart of Jesus as a fount of mercy for us, I trust in you” (Diary 84).

**THE CHAPLET OF DIVINE MERCY** – prayed on ordinary rosary beads. Our Lord taught St. Faustina a prayer for mercy that she was to pray “unceasingly.” He told her that by praying in this way her prayers would have great power for the conversion of sinners, for peace for the dying, and even for controlling nature.

1. Begin with the Our Father, Hail Mary and the Creed.
2. On each decade large bead, pray: *Eternal Father, I offer you the Body and Blood, Soul and Divinity of Your Dearly Beloved Son, Our Lord, Jesus Christ, in atonement for our sins and those of the whole world.*
3. On each decade 10 small beads, pray: *For the sake of His sorrowful Passion, have mercy on us and on the whole world.*
4. After 5 decades, at the end, pray three (3) times: *Holy God, Holy Mighty One, Holy Immortal One, have mercy on us, and on the whole world.*
THE RESPONSE OF TRUST AND CONVERSION – What God most wants of us is to turn to Him with trust. And the first act of trust is: receive His mercy. To trust God is to rely on Him who is mercy itself. The Lord wants us to live with trust in Him in all circumstances. We trust Him because He is God, and He loves us and cares for us.

His mercy is always available to us no matter what we have done or what state we are in, even if our sins are as black as night, and we are filled with fears and anxieties.

“The greater the sinner, the greater the right he has to my mercy” (Diary 723).

But there is more we can do. As Catholics, as Christians, we can go to the Sacrament of Reconciliation and be reconciled to God and to man. The Lord wants us to live reconciled with Him and one another.

THE RESPONSE OF MERCY TOWARD OTHERS – Not only are we to receive his mercy, but we are to use it, by being merciful to others by our actions, by our words, and by our prayers; in other words, by practicing the Corporal and Spiritual works of Mercy.

MERCY – THE MESSAGE AND RESPONSE THROUGH THE AGES – The message and response of mercy is not something new. In the past God spoke a message of mercy through the patriarchs and prophets – through Noah, Abraham, Moses, Elijah and many others.

In the last days God has spoken to us by His Son, Jesus Christ, who is Mercy personified and incarnated. God continues to speak a word of mercy even to our generation, through the Church and its shepherds, and through Holy men and women – mystics – whom God has chosen as His vessels.

In our time, He revealed Himself to St. Faustina, a simple and holy nun in Poland during the 1930’s. He called her to be His secretary and His apostle of mercy. He spoke to her of His mercy and the way He wants us to respond to it.

DEVOTION TO THE DIVINE MERCY - Our Lord not only taught St. Faustina the fundamentals of trust, and of mercy to others, but He also revealed special ways to live out the response to His mercy. These we call the devotion to The Divine Mercy. The word “devotion” means fulfilling our vows. It is a commitment of our lives to the Lord who is Mercy itself.

By giving our lives to The Divine Mercy – Jesus Christ Himself – we become instruments of His mercy to others, and so we can live out the command of the Lord: “Be merciful even as your Father is merciful” (Lk 6:36).

Through Sister Faustina, Our Lord gave us special means of drawing on His mercy: an Image of The Divine Mercy, a Feast of Mercy (celebrated the Sunday following Easter), a novena, and prayer at the 3:00 o’clock hour – the hour of His death.

These special means are in addition to the Sacraments of Eucharist and Reconciliation that have been given to the Church.

THE THREE O’CLOCK HOUR – In his revelations to St. Faustina, Jesus asked for special, daily remembrance at 3 o’clock, the very hour He died for us on the cross: “At three o’clock, implore My mercy, especially for sinners; and if only for a brief moment, immerse yourself in My Passion, particularly in My abandonment at the moment of agony: This is the hour of great mercy for the whole world. I will allow you to enter into My mortal sorrow. In this hour, I will refuse nothing to the soul that makes a request of Me in virtue of My Passion” (Diary 1320).

At 3 o’clock we can pray: “O Blood and Water, which gushed forth from the Heart of Jesus as a fountain of mercy for us, I trust in You (Diary 84). For more Divine Mercy resources, visit www.marian.org
### DIVINE MERCY FAMILY PILGRIMAGE

The Divine Mercy Image & accompanying instruction sheet may be picked up after any weekend mass. Please return the Image any time on Saturday before the Saturday evening vigil mass.

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*14 Year of Mercy*
Appendix B

TWELVE Things YOU Can Do During the YEAR of MERCY**

1. **Daily--renew your consecration in a Morning Offering.** “I am all Thine, and all I have belongs to Thee, O my sweet Jesus, by Mary Thy holy Mother.” -- (St. Louis De Montfort)

2. **Attend daily mass**, as the responsibilities in your state of life permit.

3. **Pray the Rosary daily***(this is what Our Lady has asked of us in her apparitions).

   4. **Pray the Divine Mercy Chaplet** daily, for a dying person or persons.

   “Encourage souls to say the chaplet which I have given you...When they say this chaplet in the presence of the dying, I will stand between My Father and the dying person, not as the just Judge but as the Merciful Savior...”(Diary of St. Faustina 1541). During the Year of Mercy consider praying the Novena of Divine Mercy continuously with its intentions for each day of the novena; you may also include your own specific intention.

5. **At the 3 o’clock hour, remember Jesus’ Passion**.

   “…as often as you hear the clock strike the third hour, immerse yourself completely in My mercy, adoring and glorifying it; invoke its omnipotence for the whole world, and particularly for poor sinners; for at that moment mercy was opened wide for every soul. In this hour you can obtain everything for yourself and for others for the asking; it was the hour of grace for the whole world – mercy triumphed over justice”(Diary 1572). Suggested prayer: “O Blood and Water, which gushed forth from the Heart of Jesus as a Fount of mercy for us, I trust in You!” (three times) (84).

6. **Practice deeds of Mercy** for others, with the intention of doing it for Jesus. Mercy is love that seeks to relieve the misery of others: **Corporal Works of Mercy**: feeding the hungry, giving drink to the thirsty, clothing the naked, sheltering travelers, comforting prisoners, visiting the sick, and burying the dead. **Spiritual Works of Mercy**: teaching the ignorant, praying for the living and dead, correcting the sinner, counseling those in doubt, consoling the sorrowful, bearing wrongs patiently, and forgiving wrongs willingly.

   The three degrees of mercy: “The first: the act of mercy--of whatever kind. The second: the word of mercy – if I cannot carry out a work of mercy, I will assist by my words. The third: prayer – if I cannot show mercy by deeds or words, I can always do so by prayer” (Diary, 163).

7. **Fifteen minutes of silent prayer, daily** (when possible, in front of the Blessed Sacrament). Place yourself in His loving presence. Praise God. Prayer is a conversation with God from the heart: petition Him with your needs and for others; and, LISTEN. A brief meditation, such as a gospel reading with reflection, will help you discover God speaking to you. Conclude by thanking Him. “An Ignatian Introduction to Prayer” by Fr. Tim Gallagher, and other books on prayer are available at Lagron Miller Bookstore

8. **Read a passage of the Bible daily**, preferably from the Gospels (daily mass reading, or progressively reading through one Gospel at a time).

9. **Read a passage daily from the “Diary of St. Faustina”**

10. **Make a nightly Examination of Conscience**, followed by the Act of Contrition.

11. **Frequent Confession**: **Go once a month** (or at least every 3 months).

12. **Make the Fatima Devotion** (Five consecutive First Saturdays-see reverse).

**Getting all 12 steps might take you 12 years... just start today! Commit to one per month!
**Note Regarding Fatima Devotion:**

In 1917, Our Lady appeared to three shepherd children in Fatima, Portugal and delivered a prophetic message to mankind. She warned of the consequences of sin and the necessity for world conversion. Our Lady's request is divided in three parts:

1. **Prayer**, especially the recitation of the Rosary and the *Five First Saturdays Devotion*

2. **Sacrifices**, offered both as an act of reparation for the sins against the Sacred Heart of Jesus and the Immaculate Heart of Mary and for the conversion of poor sinners, especially those in immediate risk of going to hell.

3. **Amendment of life** in order to stop offending God and to obtain graces and blessings from Heaven

**The Five First Saturdays Devotion:** Our Lady of Fatima asked us to make the First Saturday Communion of Reparation to Her Immaculate Heart. Her promise: "I promise to assist at the moment of death, with all the graces necessary for salvation, *all those who, on the first Saturday of five consecutive months* shall confess, receive Holy Communion, recite five decades of the Rosary, and keep Me company for fifteen minutes while meditating on the fifteen mysteries of the Rosary, with the intention of making reparation to Me."

**St. Faustina Diary Resources:**

“*DIARY of Saint Maria Faustina Kowalska: Divine Mercy in My Soul*"  
Both books are available at Lagron Miller or [www.shopmercy.org](http://www.shopmercy.org)

Download **FREE apps** for iPhone, iPad, iPod or Android. "*Divine Mercy App*" includes Divine Mercy Chaplet with audio option, Novena, quotes from the Diary of St. Faustina, Stations of the Cross, and more. "*Mary App*" contains interactive rosary with audio option, Marian consecration, prayers, feasts, sacramentals and more.
HOW Do I PREPARE for Divine Mercy Sunday?

Divine Mercy Sunday is April 3, 2016 (celebrated the Sunday following Easter)

1. Commence the Novena to The Divine Mercy on Good Friday. The Novena includes special intentions for each day and reciting the Divine Mercy Chaplet. The wide range of intentions, which do not include personal needs, makes the great popularity of this novena all the more astounding. In this novena, we truly make the Lord’s intentions our own – a beautiful expression of the Church’s privilege and duty, as the Bride of the Lord, to be the intercessor at Christ’s side on the throne of mercy.

2. Graces On Divine Mercy Sunday*. To fittingly observe the feast and receive the promises Jesus made to St. Faustina (complete remission of all sins and punishment, the same grace renewed as at Baptism):
   a. Come to Jesus with a humble and contrite heart, with repentance for all your sins.
   b. Place your complete trust in the Divine Mercy of Jesus.
   c. Attend the Holy Sacrifice of the Mass and receive Holy Communion on the Feast of Divine Mercy (in the state of grace, that is, with no mortal sin).
   d. Make a sacramental Confession (on that day, or before, otherwise several days before or after the feast.)
   e. Venerate the Image of the Divine Mercy (Diary 327, 570, 48)
   f. And perform an act of mercy (on Divine Mercy Sunday): physically, by helping others, or spiritually, by prayers of intercession. (Offering the plenary indulgence that you receive on that day for a deceased soul in purgatory would suffice (an indulgence cannot be applied to any other living person beside yourself)).

*To insure that the faithful would observe this day with intense devotion, the Supreme Pontiff himself (St. John Paul II), established that this Sunday be enriched by a Plenary Indulgence (remove all temporal punishment due for forgiven sins), earned when one meets the basic conditions (sacramental confession, Eucharistic communion, and prayers for the pope) and then, “with a soul totally detached from affection to any sin, even venial, participate in the pious practices undertaken in honor of Divine Mercy (see above), or at least recite in the presence of the Blessed Sacrament prayers for the intentions of the Holy Father: the Our Father, the Creed and a pious invocation to the merciful Lord Jesus”, such as “Merciful Jesus, I trust in you.” That is, the plenary indulgence from the Church’s treasury is an opportunity to receive additional graces on this extraordinary feast day!

3. Find a parish having Divine Mercy Sunday Devotions and attend.
   a. There will be special celebration at Door of Mercy locations. Keep on eye on www.cdop.org/mercy for coming details.
WHAT IS DIVINE MERCY?

THE MESSAGE -- The Message of Divine Mercy is that God is merciful. He is Love itself poured out for us, and He wants no one to escape that merciful love.

The message is that God wants us to turn to Him with trust and repentance while it is still a time of mercy, before He comes as the just Judge. This turning with trust to Him who is Mercy itself is the only source of peace for mankind. Turning to and imploring God’s mercy is the answer to the troubled world. There is no escaping that answer.

THE RESPONSE OF TRUST AND CONVERSION – What God most wants of us is to turn to Him with trust. And the first act of trust is: receive His mercy. To trust God is to rely on Him who is mercy itself. The Lord wants us to live with trust in Him in all circumstances. We trust Him because He is God, and He loves us and cares for us.

His mercy is always available to us no matter what we have done or what state we are in, even if our sins are as black as night, and we are filled with fears and anxieties.

“The greater the sinner, the greater the right he has to my mercy” (Diary 723).

But there is more we can do. As Catholics, as Christians, we can go to the Sacrament of Reconciliation and be reconciled to God and to man. The Lord wants us to live reconciled with Him and one another.

THE RESPONSE OF MERCY TOWARD OTHERS – Not only are we to receive his mercy, but we are to use it, by being merciful to others (Lk 6:36) by our actions, by our words, and by our prayers; in other words, by practicing the Corporal and Spiritual Works of Mercy. Corporal Works of Mercy are: feeding the hungry, giving drink to the thirsty, clothing the naked, sheltering travelers, comforting prisoners, visiting the sick, and burying the dead. The Spiritual Works of Mercy are teaching the ignorant, praying for the living and dead, correcting the sinner, counseling those in doubt, consoling the sorrowful, bearing wrongs patiently, and forgiving wrongs willingly.

MERCY – THE MESSAGE AND RESPONSE THROUGH THE AGES – The message and response of mercy is not something new. In the past God spoke a message of mercy through the patriarchs and prophets – through Noah, Abraham, Moses, Elijah and many others.

In the last days God has spoken to us by His Son, Jesus Christ, who is Mercy personified and incarnated. God continues to speak a word of mercy even to our generation, through the Church and its shepherds, and through Holy men and women – mystics – whom God has chosen as His vessels.

In our time, He revealed Himself to St. Faustina, a simple and holy nun in Poland during the 1930’s. He called her to be His secretary and His apostle of mercy. He spoke to her of His mercy and the way He wants us to respond to it.

DEVOTION TO THE DIVINE MERCY - Our Lord not only taught St. Faustina the fundamentals of trust, and of mercy to others, but He also revealed special ways to live out the response to His mercy. These we call the devotion to The Divine Mercy. The word “devotion” means fulfilling our vows. It is a commitment of our lives to the Lord who is Mercy itself.

By giving our lives to The Divine Mercy – Jesus Christ Himself – we become instruments of His mercy to others, and so we can live out the command of the Lord: “Be merciful even as your Father is merciful” (Lk 6:36). Through Sister Faustina, Our Lord gave us special means of drawing on His mercy: an Image of The Divine Mercy, a Feast of Mercy (celebrated the Sunday following Easter), a novena, and prayer at the 3:00 o’clock hour – the hour of His death.

These special means are in addition to the Sacraments of Eucharist and Reconciliation that have been given to the Church.
THE IMAGE OF DIVINE MERCY – Jesus appeared to St. Faustina with rays of red and pale light streaming from the area around His heart. His hand was raised in blessing, recalling the scene of Easter Sunday night (see John 20:19-23).

He asked St. Faustina to have this vision painted along with the words, “Jesus, I Trust in You!” He told Faustina, “I am offering people a vessel with which they are to keep coming for graces to the fountain of mercy. That vessel is this image with the signature: Jesus, I trust in you” (Diary of St. Faustina, paragraph 327).

Jesus explained that the rays represented the blood and water which flowed from His pierced side, and taught St. Faustina the prayer, “O blood and water, which gushed forth from the Heart of Jesus as a fount of mercy for us, I trust in you” (Diary 84).

THE CHAPLET OF DIVINE MERCY – prayed on ordinary rosary beads. Our Lord taught St. Faustina a prayer for mercy that she was to pray “unceasingly.” He told her that “whoever will recite it will receive great mercy at the hour of death” (687). “When they say this chaplet in the presence of the dying, I will stand between My Father and the dying person, not as the just Judge but as the Merciful Savior” (1541). “Even if there were a sinner most hardened, if he were to recite this chaplet only once, he would receive grace from My infinite mercy” (687).

5. Begin with the Our Father, Hail Mary and the Creed.
6. On each decade large bead, pray: “Eternal Father, I offer you the Body and Blood, Soul and Divinity of Your Dearly Beloved Son, Our Lord, Jesus Christ, in atonement for our sins and those of the whole world.”
7. On each decade’s 10 small beads, pray: “For the sake of His sorrowful Passion, have mercy on us and on the whole world.”
8. After 5 decades, at the end, pray three (3) times: “Holy God, Holy Mighty One, Holy Immortal One, have mercy on us, and on the whole world.”

THE FEAST OF DIVINE MERCY – Jesus desired that the first Sunday after Easter be a Feast of Mercy. He wanted the whole world to know of His great mercy. "On that day, the very depths of My tender mercy are open. I pour out a whole ocean of graces upon souls who approach the fount of My mercy (Holy Communion). The soul that will go to Confession (eight days before or after) and receive Holy Communion shall obtain complete forgiveness of sins and punishment" (Diary 699).

THE NOVENA BEFORE THE FEAST – Jesus asked St. Faustina to make a novena prayer starting on Good Friday in preparation for the Feast. These nine days of prayer are like the nine days of prayer in the upper room before Pentecost (Acts 1:14). For each of the nine days, our Lord gave St. Faustina a different intention. We, too, can make a novena of prayer for these intentions and others, especially by praying the Chaplet of Divine Mercy.

THE THREE O’CLOCK HOUR – In his revelations to St. Faustina, Jesus asked for special, daily remembrance at 3 o’clock, the very hour He died for us on the cross: “At three o’clock, implore My mercy, especially for sinners; and if only for a brief moment, immerse yourself in My Passion, particularly in My abandonment at the moment of agony: This is the hour of great mercy for the whole world. I will allow you to enter into My mortal sorrow. In this hour, I will refuse nothing to the soul that makes a request of Me in virtue of My Passion” (Diary 1320).

At 3 o’clock we can pray: “O Blood and Water, which gushed forth from the Heart of Jesus as a fount of mercy for us, I trust in You” (Diary 84).

The essence of the message and the devotion to the Divine Mercy is TRUST AND MERCY. “Jesus, I trust in You!”
Is there something special about Divine Mercy Sunday that I should know about?

Yes, Divine Mercy Sunday is a Feast day on which one may be able to receive “the complete forgiveness of sins and punishment.” (Diary 699)

2. How do I receive the special grace of “the complete forgiveness of sins and punishment”?

All one has to do to receive “the complete forgiveness of sins and punishment” promised to St. Faustina by Jesus is to receive Holy Communion in a state of grace on Divine Mercy Sunday, with trust in our Lord’s great mercy. This grace is equal to that of Baptism.

3. What are the quotes from the diary of St. Faustina that record the promise from our Lord regarding the extraordinary graces He will make available through the devout reception of Holy Communion on the Feast of Divine Mercy?

Three places in the Diary of St. Faustina record the promise from our Lord:

Whoever approaches the Fount of Life on this day will be granted complete forgiveness of sins and punishment (300). The soul that will go to Confession and receive Holy Communion will obtain complete forgiveness of sins and punishment (699). I want to grant a complete pardon to the souls that will go to Confession and receive Holy Communion on the Feast of My mercy. (1109).

4. Two of the quotes above from the Diary of St. Faustina talk about going to Confession and receiving Holy Communion on Divine Mercy Sunday. What is the requirement for going to Confession?

Whether your last confession was 10 or even more days before Divine Mercy Sunday, as long as you do not have the stain of mortal sin on your soul, then you are spiritually alive in Christ and able to receive His special grace from Holy Communion on that great feast day of Divine Mercy Sunday.

5. What about the trust that is part of the requirement for receiving the extraordinary graces of the complete forgiveness of sins and punishment on Divine Mercy Sunday?

Jesus told St. Faustina that “The graces of My Mercy are drawn by means of one vessel only, and that is – trust. The more a soul trusts, the more it will receive.” (Diary 1578). It is trust that opens up to us the treasures of Mercy.

6. Is Jesus emphasizing the infinite value of Confession and Communion as miracles of mercy?

Yes, Jesus wants us to realize that since the Eucharist is His own Body, Blood, Soul, and Divinity, it is the “Fountain of Life” (Diary, 300). The Eucharist is Jesus, Himself, the Living God, longing to pour Himself as Mercy into our hearts. Jesus told St. Faustina that: My great delight is to unite Myself with souls. … When I come to a human heart in Holy Communion, My hands are full of all kinds of graces which I want to give to the soul. But souls do not even pay any attention to Me; they leave Me to Myself and busy themselves with other things. Oh, how sad I am that souls do not recognize Love! They treat me as a dead object. (1385; also see 1288 and 1447)

7. Is there more to the Divine Mercy Message in addition to the great graces offered on Divine Mercy Sunday?

Yes, there is the Image of Divine Mercy, Divine Mercy Novena, the Chaplet of Mercy, the 3:00 o’clock Hour of Mercy, and Acts/Deeds of Mercy. There is also a Plenary Indulgence granted by the Church on Divine Mercy Sunday under the usual conditions for gaining a Plenary Indulgence. Since one gains complete remission of sin and punishment on Divine Mercy Sunday by receiving Holy Communion in a state of grace on Divine Mercy Sunday, with trust in our Lord’s great mercy, the Plenary Indulgence may be applied to a soul in Purgatory.

8. Where can I learn more about Divine Mercy? The Diary of St. Faustina Divine Mercy in My Soul by Saint Maria Faustina Kowalska and The Second Greatest Story Ever Told by Michael E. Gaitley, MIC, available at Lagron Miller Bookstore; and The Marian Fathers at www.marian.org

20 Year of Mercy
APPENDIX C

DIVINE MERCY INDULGENCES -- EXPLAINED

Q. What is the “special grace” we can receive on Divine Mercy Sunday?

A. Complete forgiveness of all of our sins and the removal of all punishment of past sins.

Jesus desires that the first Sunday after Easter be the Feast of Mercy. He wants the whole world to know of His great mercy. Whoever approaches the Fount of Life (to receive Holy Communion) on this day will be granted complete remission of sins and punishment (Diary of St. Faustina Kowalska, 299-300). Those who receive Holy Communion on Divine Mercy Sunday in the state of grace and with the disposition of trust in His merciful love will receive most extraordinary spiritual benefits. To receive those special graces -- “the complete forgiveness of sins and punishment” …in other words, a complete renewal of baptismal grace in our hearts – all we need to do is receive Holy communion in a state of grace on Divine Mercy Sunday, with trust in our Lord’s great mercy. Jesus told St Faustina that “The graces of my mercy are drawn by means of one vessel only, and that is—trust. The more a soul trusts, the more it will receive” (Diary 1578).

Confession and Divine Mercy Sunday – Whether your last confession was 10, 20, or even more days before Divine Mercy Sunday, as long as you do not have the stain of unconfessed mortal sin on your soul, then you are spiritually alive in Christ and able to receive His special grace from Holy Communion on that great feast day!

Q. Why did Pope St. John Paul II make the decree of a Plenary Indulgence for special acts of devotion to The Divine Mercy on Divine Mercy Sunday?

A. The Holy See wanted to ensure that the faithful could experience the Mercy of the Lord in a special way on this Feast Day, in the hope that then they might be inspired to be more merciful to others (cf. Lk 6:36), and to be able to offer this grace in a particular way: to the Holy Souls in Purgatory.

It is important to note that the Church’s provision of the indulgence for Divine Mercy Sunday devotions does not constitute either a substitute for, nor an official endorsement of, the extraordinary graces promised by our Lord to St. Faustina for those who receive Holy Communion with trust in God’s mercy on that day. (This private revelation is a promise of Jesus to St. Faustina. This promise made is the complete renewal of baptismal grace, the “extraordinary grace” par excellence of Divine Mercy Sunday – something even greater than a plenary indulgence.) The plenary indulgence offered by the Church is therefore an opportunity to receive additional graces on this extraordinary feast day, which the faithful can mercifully offer to a Holy Soul in purgatory. (Note: a plenary indulgence can only be offered for oneself or for a deceased soul in purgatory.)

Ideally, the faithful would seek to obtain the plenary indulgence on this day for the sake of souls suffering in purgatory, even while, at one and the same time, they are receiving for themselves the “extraordinary grace” of Holy Communion on Divine Mercy Sunday, in accordance with our Lord’s promises to St. Faustina (that is, that they do so while in the state of grace and while having complete trust in Jesus’ love and mercy). What a tremendous opportunity this is to receive a special outpouring of God’s mercy, both upon oneself and for others, all on the same day!


-------------For more Divine Mercy resources, visit www.marian.org-------------
APPENDIX D

Marian Feasts
Use this list to choose a Marian feast day on which to consecrate yourself to her. Where possible, the corresponding date is given on which to begin the 33-day preparation. (The 34th day being the day of consecration.)

• **January 1**, Mary, Mother of God (*Octave Day of Christmas*).
  Begin the preparation on **November 29**.

• **February 2**, the **Purification of the Blessed Virgin Mary**.
  Begin the preparation on **December 31**.

• **February 11**, the **Apparition of the Immaculate Virgin Mary (Lourdes)**.
  Begin the preparation on **January 9**.

• **March 25**, the **Annunciation of the Blessed Virgin Mary**.
  Begin the preparation on **February 21**.

• **May 31**, the **Queenship of Mary**.
  Begin the preparation on **April 28**.

• **July 2**, the **Visitation of the Blessed Virgin Mary**.
  Begin the preparation on **May 30**.

• **July 16**, *Our Lady of Mount Carmel*.
  Begin the preparation on **June 13**.

• **August 15**, the **Assumption of the Blessed Virgin Mary**.
  Begin the preparation on **July 13**.

• **August 22**, the **Immaculate Heart of the Blessed Virgin Mary**.
  Begin the preparation on **July 20**.

• **September 8**, the **Nativity of the Blessed Virgin Mary**.
  Begin the preparation on **August 6**.

• **September 12**, the **Most Holy Name of Mary**.
  Begin the preparation on **August 10**.

• **September 15**, the **Seven Sorrows of the Blessed Virgin Mary**.
  Begin the preparation on **August 13**.

• **October 7**, the **Most Holy Rosary of the Blessed Virgin Mary**.
  Begin the preparation on **September 4**.

• **November 21**, the **Presentation of the Blessed Virgin Mary**.
  Begin the preparation on **October 19**.

• **December 8**, the **Immaculate Conception of the Blessed Virgin Mary**.
  Begin the preparation on **November 5**.

• **December 12**, *Our Lady of Guadalupe*.
  Begin the preparation on **November 9**.